

9th Grade St. Victoria Confirmation Preparation

2018-19

During this year, you will begin your preparation for Confirmation. What is Confirmation? **Confirmation is a sacramental outpouring of the Holy Spirit that leaves a permanent imprint on the soul, completes Christian initiation, and empower us to be witnesses to Christ (CCC1302-1305).** Mass attendance, service, building a supportive community, retreats, exploring our faith, and prayer are opportunities to encounter Jesus and essential practices for an active Catholic and a witness to Christ! Below are experiences and practices we hope you will embrace for years to come.

☐ Attend Confirmation Sessions:

Attendance at all Confirmation sessions is necessary and expected. You are an important part of your small group, and you and your group benefit from your perspective and presence. We recognize emergencies and illnesses occur, so if you will miss a meeting, please email Ann Esping at AEsping@stvictoria.org before 4pm the day of the confirmation session.

Oct 3 ___ Oct 10 ___ Oct 24 ___ Nov 7 ___ Nov 14 ___ Nov 28 ___ Dec 5 ___ Dec 12 ___ Dec 19 ___ Jan 9 ___ Jan 23 ___
Jan 30 ___ Feb 6 ___ Feb 13 ___ Feb 20 ___ Feb 27 ___ Mar 13 ___ Mar 20 ___

☐ Attend Weekly Mass and Complete Reflection in Confirmation notebook

Weekly Mass is a Catholic necessity. Mass isn't a duty, but an experience to build our faith through scripture, traditional practices, prayer, and Eucharist. We encourage each family establish the practice of listening to scripture and the homily, reflecting on it, and translating it into action in our lives. This year, each teen is asked to bring their Confirmation notebook to Mass and write a 3-5 sentences reflection in their notebook. Notebooks should be turned in on the Soundboard table after Mass. Ideally, this is a weekly habit, but we ask that the notebook be turned in a minimum of 10 times during the year.

☐ Student/Parent Participation

Parent participation in the teen's Confirmation journey is essential. To enable greater parent participation, we send weekly emails with topics and questions for weekly discussion, hold student/parent retreats, and hold FACE AND HANDS family events on Sunday nights. **Attendance is expected.**

☐ Kick-Off Parent/Student Event – **SEPT 12 (7-9pm)**

☐ Weekly Faith Discussion *********

Watch your email for brief synopsis on our weekly topics along with questions for discussion with your son/daughter.

☐ Attend 2 Face and Hands Family Events for Parents and Students: **OCT 28 and FEB 10 (6pm – 8pm)**

Our FACE and HANDS events marry inspired and powerful speakers, energetic contemporary music, hospitality, and the opportunity to experience the beauty of the Mass together. **Teens will turn in event reflection at the event, so ensure you pick up one and turn it in.**

☐ Attend Student/Parent Prayer Retreat: **JAN 5 (3pm – 8pm)**

Attending a retreat helps us spend concentrated time building faith, and often builds a community of co-travelers on our faith journey. This retreat will encompass speakers, prayer time, Mass, and parent/student potluck dinner.

☐ Ministry Service Selection: **OCT 3**

We are all called to be the hands and feet of Christ, serving others throughout our lives. Each student will consider their gifts, and select a parish ministry to participate in throughout the year. Options during Mass include greeters, altar servers, sacristans, sound board, choirs, bells, and children's liturgy. Other options are faith formation small group leaders, the faith formation hospitality team, the "mover and shakers", or youth advisory board. Selections will be made on Oct 3, and all will serve in this ministry throughout the year. We need parent help to coordinate some of these ministries and would also appreciate parent help so teens can keep track of schedules!

☐ Sponsor Selection: **DEC 15**

Having adult role models and support is essential on our walk of faith. Having a sponsor to talk to about your faith is crucial as we journey toward committing to our Catholic faith. We need sponsors not only to pray for us, but to be active in our lives. Sponsor requirements can be found on the website. Once selected, complete the *Online FORM @StVictoria.net*

☐ Sponsor Activity: **FEB 13**

Once you've selected a sponsor, it's important to connect with them. Take time to talk, pray together, and understand your sponsor's faith. Figure out how you will stay in contact over the next year. Complete the questions on the sponsor activity form. **Print FORM @ StVictoria.net and turn into Confirmation basket.**

☐ Confirmation Saint Name & Confirmation Verse(Rev o): **MAR 6**

Scripture and Saints are great Catholic blessings. Saints are awesome role models. Scripture is full of wisdom and love. Finding a verse and Saint that speak to our experience and struggles is both inspiring and comforting. You will be sharing your verse and saint during class on March 13. Check out suggestions and complete form *Online FORM @StVictoria.net*

STUDENT NAME: _____ PARENT SIGNATURE: _____
Questions? Contact Ann Esping (aesping@stvictoria.org) or Theo Chalgren (tchalgren@stvictoria.org), 952-443-2661.